

“Too often biographies make depressing reading. The young firebrand becomes the old reactionary and the brightest young thing dims into the dulllest of embers. It is refreshing, therefore, to read a life that does not follow this dispiriting trajectory. Writing with great frankness and understanding, the author puts no gloss on anything and is painfully honest about his origins and mistakes. The memoir is a fascinating read that carries the reader along, wanting to know what happens next: the interest never flags.”

Dr. Anthony Heyes.

Retired lecturer, book reviewer and a Fellow of the Royal Society of Arts.

After a strict Catholic upbringing in Bolton, Lancashire, Alastair Henry moved to Canada at nineteen and bought unquestioningly into a consumerist society. After all, the city has a lot to offer: a flourishing corporate career, all the personal possessions you can imagine — but perhaps there is more to life than that.

Restless and discontented in retirement, Alastair decides to take his life in a new direction by heading North to live with a small band of First Nations people in a remote fly-in community in the Northwest Territories. Join Alastair as he faces cultural differences and a challenging environment that ignite fresh perspectives, inspire a new way of life, and fuel his soul-searching.

Awakening in the NWT is inspirational and humorous; full of twists and turns, tension and intrigue.

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Alastair Henry

AWAKENING IN THE N.W.T.



Awakening

IN THE N.W.T.



 *the man's search
for inner happiness*

A memoir by
ALASTAIR HENRY

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